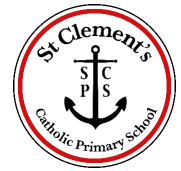


St Clement's PE Overview

2024/2025



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	REAL PE Spatial awareness, shape and movement Pirate – Balance Continuous Provision opportunities	REAL PE Shape skills – At home Space – Dynamic balance to agility – jumping and landing Continuous Provision opportunities	REAL PE Travel – Jungle Trip Train – Balance on a line Continuous Provision opportunities	REAL PE Flight – Park Life Squirrel – Agility – ball chasing Continuous Provision opportunities	REAL PE Rotation – Toy box Clown Treasure – Agility Co-ordination – Ball skills Continuous Provision opportunities	REAL PE Sports day activity focus Team challenges Seaside – Counter-balance with a partner Continuous Provision opportunities
Year 1	Personal Coordination Standing Static Balance	Social Dynamic Balance Seated Static Balance	Cognitive Dynamic Balance Static Balance Small Base	Creative Ball skills Counterbalance	Physical Coordination with equipment Reaction Response	Fitness Agility Ball Chasing Floor Work
Year 2	Personal Footwork One leg balance	Social Jumping and Landing Seated balance	Cognitive Dynamic balance Stance	Creative Ball Skills Counter Balance	Physical Sending and receiving Reaction/Response	Fitness Ball chasing Floorwork
Year 3	Personal Footwork One leg balance	Social Jumping and landing Seated balance	Cognitive Dynamic balance Ball Skills	Creative Sending and receiving Counter balances	Physical Reaction and response Floor work	Fitness Ball chasing Stance
Year 4	Personal Footwork One leg balance	Social Jumping and landing Seated balance	Cognitive Dynamic Balance Ball Skills	Creative Sending and receiving Counter balances	Physical Reaction and response Floor work	Fitness Ball chasing Stance
Year 5	Personal Ball skills Reaction/Response	Social Dynamic Balance Counter Balance	Cognitive Stance Footwork	Creative Seated balance Floor work	Physical Jumping and landing One leg balance	Fitness Sending and receiving Ball chasing
Year 6	Personal Ball Skills-Reaction and response	Social Dynamic balance Counter balance	Cognitive Stance Footwork	Creative Seated balance Floor Work	Physical Jumping and landing One leg balance	Fitness Sending and receiving Ball chasing